



GO Sports- Operating at the Saville Community Sport Centre

VOLLEYBALL ALBERTA IS LOOKING FOR COACHES

Incorporated in 1974, Volleyball Alberta is the official governing body and provides the organizational structure for the sport of Volleyball in the province of Alberta. Volleyball Alberta is involved in every facet of the sport by running programs at all levels both indoors and in the rapidly growing area of Beach Volleyball. We provide all Alberta residents with fair and equal access to participation and personal growth through recreational, competitive, elite, instructional, administrative, coaching and officiating programs.

Our primary goal is to promote and develop volleyball at all levels throughout Alberta. Volleyball Alberta services the needs of its membership which consists of athletes, coaches, officials, and anyone interested in the sport of volleyball in the province.

Our Mission:

To provide services that create quality opportunities for the growth, development, and enjoyment of volleyball in Alberta.

Our Vision:

To be the Premier Volleyball Association in Canada.

Values:

- ✓ **Accountability**
- ✓ **Excellence**
- ✓ **Integrity**
- ✓ **Leadership**
- ✓ **Participant Centred**

Volleyball Alberta runs Mini-Volley, Atomic, Tripleball, and GO League programs at the Saville Community Sport Centre in the Fall, Winter and Spring sessions. We are looking for coaches for the following programs Fall 2019!

FALL 2019- 8 weeks

Monday Homeschool Atomic: 10:30am-12:00pm (Sept 30 - Dec 2)

Monday Homeschool 13-18: 10:30am-12:00pm (Sept 30 - Dec 2)

Monday Atomic 1: 5:00pm-6:30pm (Sept 30 - Dec 2)

Tuesday Atomic 2: 5:00pm-6:30pm (Oct 1 - Nov 19)

Tuesday Intro to Volley: 6:30pm-7:30pm (Oct 1 - Nov 19)

Thursdays Tripleball 5:00pm-6:30pm (Oct 3 - Nov 28)

Thursdays Mini-volley 5:15pm-6:15pm (Oct 3 - Nov 28)

Wednesday GO Leagues: 5:00pm-6:30pm & Sunday GO Leagues 7:00pm-8:30pm (Oct 2 - Dec 1)

Program Overview

Mini-Volley is an introductory program for children between the ages of 6-8 to the sport of volleyball. This program provides game like activities (PLAY), ensures that participants stay active (FUN) and allows them to experience success (SUCCESS) while focusing on the development of fundamental movement patterns. This program emphasizes the importance of physical literacy for children to be able to gain competence and confidence to participate in a wide variety of physical activities.

The **Atomic** 1 & 2 Volleyball program is for children 9-12 in the “Learning to Train” phase of the Long-Term Development in Sport and Physical Activity Model. The program stresses FUN, FAIRPLAY, and PARTICIPATION by increasing the number of contacts per player, creating longer and more successful rallies and developing proper skill delivery. Atomic participants will learn the basics of volleyball: forearm pass, overhead passing, hitting, serving, basic team movement and sportsmanship.

The **13U Tripleball** program is for participants who have completed the atomic programs and are ready to transition into Tripleball gameplay which is the official competition format for all Canadian regions offering 13U age competitions. The goal of Tripleball is to promote better skill development, participation, meaningful competition and fun.

The **GO Leagues** are recreational program for participants 14-18 years of age to work on fundamental systems, strategies and team play. Wednesdays are focused on primarily skill development and Sundays is game play.

Responsibilities:

- Demonstrate and model appropriate behaviors as reflected in Volleyball Alberta’s Mission, Vision and Values.
- Deliver the GO Sports programs (Mini-volley, Atomic, Tripleball and or GO Leagues) in a safe, structured and fun manner at the Saville Community Sport Centre.
- Write-up weekly lesson plans with the guidance of the Early Stages Program Director.
- Arrive a minimum of 15 minutes prior to start of program to set-up equipment and organize activities. Ensures all equipment is stored after the program is complete.
- Take attendance of participants at the start of every class.
- Build rapport with participants’ parents to inform them of their child’s progress, encouraging long-term participation in the program.
- Communicate with the Early Stages Program Director of any issues that take place during the program.
- Respond to emails in a timely manner
- Attend the Coaches workshop prior to the start of the session.

Qualifications:

- Passionate for working with children and youth in recreational and physical activity settings.
- Experience in instructing sports to large numbers of children.
- Sound Knowledge of volleyball (tactical/technical).
- Degree in Physical Education, Coaching or Recreation.
- Knowledge of skill progressions and modifications.
- Ability to effectively communicate with children and parents.
- Responsible and reliable.
- NCCP Coaching Certification is considered an asset.
- Current First Aid/CPR required.

All successful coaches are required to complete a Criminal Record Check prior to employment.

Volleyball Alberta is looking for passionate and dedicated individuals who want to make a difference in the lives of young children. If you are interested in coaching, please fill out the information below and attach your resume/CV and email it to:

Kiruthika Rathanaswami | Program Director

Early Stages Development

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NORTH | 11759 Groat Road

Edmonton, AB T5M 3K6



Volleyball Alberta Coaches Information

Name:	
Address:	City:
Province:	Postal Code:
Phone (H):	Cell:
Email Address:	

Which program are you interested in coaching this **FALL 2019**

Mondays Homeschool 13-18yrs 10:30am-12:00pm	
Mondays Homeschool Atomic (9-12 years) 10:30am-12:00pm	
Mondays Atomic 1 (9-10 years) 5:00pm-6:30pm	
Tuesdays Atomic 2 (11-12 years) 5:00pm-6:30pm	
Tuesdays Intro to Volley (11-12 years) 6:30pm-7:30pm	
Thursdays 13U Tripleball (12-14 years) 5:00pm-6:30pm	
Thursdays Mini-Volley (6-8 years) 5:15pm-6:15pm	
Wednesdays GO Leagues (14-18 years) 5:00pm-6:30pm	
Sundays GO Leagues (14-18 years) 7:00pm-8:30pm	

References:

Name: _____

Phone #: _____

Name: _____

Phone #: _____

DEADLINE: SEPTEMBER 20