



ATHLETES

HANDBOOK

2018

## Introduction

Welcome to the 2018 Volleyball Alberta Beach Program.

I would like to welcome returning athletes and introduce the Volleyball Alberta Beach Program to our new members! We are pleased to present Volleyball Alberta members with another exciting summer with our Youth and Adult Tournaments & Beach Leagues. Our Tournaments are held in venues across Alberta in Edmonton, Calgary and Sylvan Lake, while our Beach Leagues take place at John Fry Park in Edmonton. In 2018 we will also continue to offer Provincial Team programming for youth in the 16U and 18U age divisions.

Ray Sewell

Volleyball Alberta Beach Program Director

[rsewell@volleyballalberta.ca](mailto:rsewell@volleyballalberta.ca)

(403) 202-6541

## Volleyball Alberta Directory

### Volleyball Alberta North Office

11759 Groat Road

Edmonton, Alberta.

T5M 3K6

Phone: 780-415-1703

Fax: 780-415-1700

### Volleyball Alberta South Office

Unit #6 135 Commercial Drive

Calgary, AB

T3Z 2A7

Phone: 403-202-6541

E-Mail: [info@volleyballalberta.ca](mailto:info@volleyballalberta.ca)

### Ray Sewell, Beach Program Director

Tel: (403) 202-6541

Email: [rsewell@volleyballalberta.ca](mailto:rsewell@volleyballalberta.ca)

### Beach Tournament Coordinator

Tel:

Email: [beach@volleyballalberta.ca](mailto:beach@volleyballalberta.ca)

### Jim Plakas, Technical Director

Tel: (780) 415-1703

Email: [jplakas@volleyballalberta.ca](mailto:jplakas@volleyballalberta.ca)

## Volleyball Alberta Beach Tournament Venues

### ***Locations***

*Sylvan Lake Provincial Park, Sylvan Lake, AB*

Pier at 50th St and Lakeshore Dr.

Free parking can be found along Lakeshore Drive.

*John Fry Park, Edmonton, AB*

92nd St. and 28th Ave.

Free parking available on site

*Calgary Beach Volleyball Association Courts, Calgary, AB*

Valleyview Regional Park

30th Ave and 28th St S.E.

Free parking available on site

## Divisions

### ***Volleyball Alberta Age Divisions -NEW FOR 2018***

14U (born Sept.1 2003 to Dec.31 2004)

15U (born Sept.1 2002 to Dec.31 2003)

16U (born Sept.1 2001 to Dec.31 2002)

18U (born Sept.1 1999 to Dec.31 2001)

Adult (open)

### ***Adult Tournament Divisions***

The divisions are AAA (elite), AA and if necessary A.

#### Adult Divisions

This Division includes Alberta's top teams, and is open to athletes wanting to play high-level beach volleyball. Out of province teams are welcome to register in this division. The Elite Division will be split into the following categories:

**AAA:** The top seeded teams. This division may be expanded to accommodate any successful Wildcard applicants, or to ensure the highest caliber of competition.

**AA:** Teams in a division lower than AAA.

### ***Youth Tournament Divisions***

The first Youth tournament of the 2018 beach season that a youth team competes in ***must be in the same division in which they will compete in at the Volleyball Alberta Provincial Championships and the Canadian National Championships.***

New For 2018: Athletes may play up a maximum of two age classes without an exemption from Volleyball Alberta. (A 14U athlete can play in a 15U or 16U age class but not 18U.)

### **Wildcards**

All out-of-province teams must apply for Wildcard consideration. Wildcard applications can be submitted to [beach@volleyballalberta.ca](mailto:beach@volleyballalberta.ca) and will be due 21:59 MST (23:59 EST) two Wednesdays prior to the tournament. For the Wildcard application form, please see **Appendix V** or visit the Volleyball Alberta website: <http://www.volleyballalberta.ca/content/tournaments-1>

Wildcard spots in the main draw for any age division will be granted to teams who will increase the level of competition or to provide an opportunity for development. All applications will be reviewed by the Beach Committee. Volleyball Alberta reserves the right to decline a Wildcard. The Committee will base their decision on the following information:

- The team improves the quality of play at this event.
- The committee feels that the team can compete successfully in the event.

### **Beach Committee**

The Beach Committee is responsible for making final decisions in the event of a Wildcard application. This committee may be comprised of the Beach Director, Technical Director, Summer Beach Coordinator, Player Representatives and/or other Volleyball Alberta members (see Appendix I).

## Registration

### *How to Register*

Teams must register for all tournaments via the Volleyball Registration System (VRS), a secure online registration system. Please go to: <http://www.volleyballalberta.ca/content/how-register>

### *Deadline*

Youth Registration deadline for Volleyball Alberta Beach Tournaments is 10 days at 21:59 MST (23:59 **EST**) PRIOR to the event

Adult Registration deadline for Volleyball Alberta Beach Tournaments is the Monday at 15:00 MST Prior to the event

### *Late Registration*

The Beach Tournament Coordinator will consider the impact of adding teams into the draw using factors such as facility space, timing of the request, and quality of the event. If a late entry is granted, a \$20 late fee will be charged in addition to the entry fee.

### *Costs and Fees*

There is an annual beach membership fee to be paid prior to registering in your first Volleyball Alberta Beach Tournament of the 2018 season. The summer beach membership is valid from September 1<sup>st</sup> to August 31<sup>st</sup> for all Volleyball Alberta Beach events in the current calendar year. If you are registered as a member for indoor, you are **NOT** automatically registered as a beach member. However, if you are registered for the current indoor season (2017-2018), you will not be required to pay the \$28 for Volleyball Canada again. All fees must be paid online at:

<http://www.volleyballalberta.ca/content/how-register>

### ***Youth Beach Membership Fee:***

\$54.25 –fee per person (\$25 (+tax)/VA Beach Player & \$28 (tax included)/Volleyball Canada)

### ***Adult Beach Membership Fee:***

\$8.25 – fee per person (plus tax)

Note: For those athletes wishing to attend Senior Nationals the \$28.00 Volleyball Canada membership will need to be purchased prior to registering for Senior Nationals.

### ***Volleyball Alberta Tournament Fees:***

#### **Adult Tournaments**

\$100.00 (tax not included) per team/2 day event

Please Note: Any late registrations that are accepted will be charged a \$20.00 late entry fee per team

#### **Youth Tournaments**

\$70.00 (tax not included) per team/event

\$85.00 Jr./Sr. High School Provincials (tax not included) per team

\$85.00 (tax not included) Provincial Championships

Please Note: Any late registrations that are accepted will be charged a \$20.00 late entry fee per team

NOTE: Should there be an event in which there are not enough teams registered in a certain age division, the team(s) may be placed in the closest appropriate older age-class at the Tournament Coordinator's discretion. Prior to placing teams in a higher division, teams will be contacted by Volleyball Alberta.

## **Coaching**

Coaching is only permitted at the 16u and younger age divisions. At all Volleyball Alberta tournaments coaches must identify themselves to the participating teams, officials, and scorekeepers prior to each match. This includes parents who choose to assume coaching duties during tournaments. Coaches must abide by the following set of rules:

- Coaches cannot call timeouts for the athletes nor instruct them to do so.
- Coaching is only permitted at the request of the athletes within the designated coaching

area (outside of the 3m free zone at the baseline of the court).

- Each venue in Alberta has space at one end of the court for coaches during matches
- Coaches are only allowed to coach athletes prior to the match, during timeouts, and in between sets.

Coaching is **NOT** allowed in the Adult or 18U division. Coaches caught giving athletes an unfair advantage in any division may face disciplinary action from a certified official or from the tournament referee supervisor.



Each beach team is comprised of two (2) athletes who both meet the eligibility requirements of their age division. No substitutions are allowed in any of the Beach Tournament events. Throughout the regular season, you may change partners as often as you wish. In order to seed the teams appropriately, the Beach Committee will consider each athlete's individual points. If a partner change is required after registration has closed, you must submit a written request to Volleyball Alberta via email to [beach@volleyballalberta.ca](mailto:beach@volleyballalberta.ca) by Wednesday (by 12:00 PM MST) before the tournament (NOTE: the new partner must be a current Volleyball Alberta beach member):

If a team arrives at the tournament with a different partner, a doctor's note must be received the following week in order to count the "new" team's results from the event. Also the "new" team may be seeded with no points (last) in their division at the discretion of Tournament Coordinator.



## *Uniforms*

### **New for 2018**

All athletes participating in a Volleyball Alberta beach tournament **MUST** wear appropriate athletic attire (examples of appropriate athletic wear: spandex, bikini tops and bottoms, athletic shorts, t-shirts, tank tops). Youth men must wear tops at all Volleyball Alberta tournaments. If you have any questions please contact the tournament coordinator prior to the tournament.

### **Youth Team Check-in - Mandatory**

Check-in takes place 30 minutes prior to the age class beginning the first match. Please give yourself ample time to arrive early. It is the players' responsibility to check directions and road closures prior to the event. If only one partner is on time and the other is not, a forfeit of 1<sup>st</sup> round match may occur (see Forfeit rules below).

### *Adult Team Check-in*

Adult teams must check in with the tournament coordinator 30 minutes prior to their first match starting.

Teams playing the first match of the day may be required to assist in setting up the lines on the court where their match will be played.

### *Players Meeting*

The Players Meeting for Youth Tournaments begins 30 minutes prior to each age class or division beginning, after the check-in has closed. It is at this meeting where the Tournament Coordinator and Tournament Officials will brief the participants regarding the tournament schedule with new and relevant information. Please see **Appendix II** for a sample of Players Meeting Notes. Please be advised that it is the responsibility of all athletes to:

- Listen for any new and relevant information on the day of the event.
- Listen to what is said and to question anything that is not understood.
- Understand the sanctions that will be levied to teams who do not follow the format and the basic rules of the tournament.



## **Forfeit**

A team is considered to have 'defaulted' on their commitment to play if they were entered into the draw and do not arrive on time for their first match. Teams are expected to begin their match 10 minutes after the completion of the previous match. **If a team has not identified themselves 10 minutes after the game start time, the first set of the first game will be forfeited. After 20 minutes, the second set of the first game will be forfeited, resulting in the match being awarded to their opponent.** Teams that default from the tournament without notifying the beach director will incur a **\$50.00 forfeit penalty**, to be paid before competing in the next Volleyball Alberta event. If the tournament format are one set matches the team will be considered to format the match 10 minutes after the match start time.

## ***Withdrawals***

Teams may withdraw from the tournament before the registration deadline and receive a full refund, less an administration fee (please email [beach@volleyballalberta.ca](mailto:beach@volleyballalberta.ca)). If you wish to withdraw from the tournament after the withdrawal date, please notify the Beach Coordinator at [beach@volleyballalberta.ca](mailto:beach@volleyballalberta.ca) or consequently the Forfeit rules and penalties (\$50.00 forfeit penalty) will apply. No refund will be given to withdrawals after the tournament deadline unless a doctor's note is provided.

## **Officials**

### ***Peer Officiating***

***Peer officiating was implemented with great success and will continue to be used throughout the ENTIRE 2018 youth beach season. Teams officiating will be required to officiate as well as track the score of the match. Officiating teams are required to pick up the game ball as well as the score sheet prior to each match. During the match one member of the team MUST BE STANDING to officiate the match. The second member of the team may be seated while keeping score with the score sheet as well as with the flip cards. Teams failing to adhere to officiating duties will be sanctioned \$50/match missed. PLEASE CHECK THE SCHEDULE AND KNOW WHEN YOUR TEAM HAS OFFICIATING DUTIES.***

**Example: A1-A4 (A3) Teams A1 and A4 play while team A3 will officiate the match**

**Please let Volleyball Alberta Staff know immediately if a team is missing their officiating assignment**

### ***Certified Officials***

Games are peer-officiated but there will be Volleyball Alberta certified officials on site that will answer any questions and address any concerns the players may have about rules, regulations, etc. They will supervise the courts throughout pool play and will attempt to officiate some matches throughout the tournament.

### ***Rules***

Volleyball Alberta events will follow the rules and regulations as per the Volleyball Canada Official Beach Volleyball Rules, with one exception:

- **Volleyball Alberta First Contact Youth Rule (14U/16U/18U):**

*Receiving service or free balls with an overhead motion using the fingers is not permitted, regardless of the quality of contact. The official will indicate a "double contact" signal for this infraction.*

- **New For 2018: Volleyball Canada Youth Hand Setting Rule**

*A player may have a double contact on their second contact when completing a set to their teammate using an overhand pass provided the ball has a trajectory perpendicular to the line of the player's hands, shoulders, and hips and the double contact involves only the hands.*

## **Competition Regulations**

### ***Competition Schedule***

The most current list of Volleyball Alberta Sanctioned Tournaments can be found on the [Volleyball Alberta Website](#)

See Appendix III for a table outlining general competition information.

### ***2018 Seeding System***

The seeding system for this year's tournaments will be based on the total points from each team and the results in their previous competitions (**see Appendix IV**). The points are awarded to

teams based on the outcome of the tournament. The total points will dictate their ranking and seeding for the next tournament. If a tie occurs between teams based on points, the team with the highest finish in the most recent competition in which both teams were participating will be ranked highest. If there is still a tie, or no such tournament exists, seeding will be at the discretion of the Beach Committee.

This linear point system contains an overlap of points that will allow for teams in the **Adult Divisions** to be moved up or down between the first (AAA), second (AA), and third (A) tiers based on performance and results.

Initial Seeding for the 2018 Season will be based on the following:

1<sup>st</sup> event: 2017 average Volleyball Alberta tournament ranking or discretion of the seeding committee

2<sup>nd</sup> event: 2018 tournament points average (if played in tournament 1) or 2016 average points or discretion of the seeding committee

3<sup>rd</sup> event: 2018 tournament points average or discretion of the seeding committee

4<sup>th</sup> event: 2018 tournament points average or discretion of the seeding committee

Provincials: 2018 average points from Volleyball Alberta's Beach Tournaments or discretion of the seeding committee

**Partner Changes During Season:** In the event that partnerships change over the course of the season, the following system will allot the appropriate points for the new partnership:

Both partners have points – The total points between the two partners will be used.

Only one partner has points – The partner without points will be given 75% of the points earned by their partner with points. The total of these point values will then be used to calculate the total points for the team.

***All final seeding is completed at the discretion of the Tournament Director.***



## ***Provincial Qualifications***

Teams are encouraged to participate in Volleyball Alberta sanctioned tournament tours in their respective age categories prior to Provincials. However, participation in these tournaments is not a mandatory requirement for Provincial eligibility. Provincial eligibility requires participants to participate in their respective age category at the Provincial Championships.

## ***National Qualifications***

To be eligible for the 2018 National Beach Championships, *each partner must participate in the 2018 Provincial Championships*. If an athlete/team is unable to participate in Provincials, an appeal must be submitted to the Volleyball Alberta Beach Committee. The deadline to appeal for exceptional access into Beach Nationals must be submitted before Wednesday, August 1st, 2018. The team must pay the cost of Provincials to Volleyball Alberta before the National Championships.

## **Suspended Play**

### ***Weather***

If it is raining, play will not stop unless there is lightning. In the event of severe weather conditions, teams are required to remain "on-call" and "on-site" until a decision can be made as to whether the event can continue. No refunds will be given after the end of pool-play if play is suspended due to weather.

### ***Safety***

Safety concerns and play suspension are at the discretion of Tournament Coordinator.

### ***Suspended Play Policy***

1. Play shall be suspended if the Tournament Coordinator foresees:
  - Inclement weather – lightning
  - Safety concerns
  - Other discretionary reason to clear the venue (i.e. darkness).

An air horn will be used to notify participants of play being suspended

2. Upon notification of suspended play:

- All athletes must immediately evacuate the beach and go to cars or indoor facilities and NOT UNDER TREES.
  - Athletes PLAYING are responsible for recording the score and taking note of the court they are playing at.
  - Officiating teams are responsible for returning the clipboard and ball to the Tournament Coordinator.
3. Notification to resume play will be given by the Tournament Coordinator:
- Athletes are responsible for being at the courts to resume play.
  - Following a 10-minute warm-up, officials and athletes will finish the game.
  - Modified play may ensue at the discretion of the Tournament Coordinator.

## Medical Services

Throughout the 2018 Volleyball Alberta Season the Tournament Coordinator will have a basic Sports First Aid kit on site. Please report all injuries to the Tournament Coordinator as soon as they occur. If an athlete becomes injured or ill during the tournament and as a result cannot continue to compete, no refund will be issued. If the injury or illness occurs before the tournament withdrawal date, and the Beach Coordinator is notified, you will be eligible for a refund of the tournament fee if a doctor's note is provided.

New for 2018: At all Volleyball Alberta Youth Tournaments an Athletic Therapist will be on site available to treat all athletes participating in the tournament

## Protests

### ***Protest Protocol During a Match***

A player may ONLY protest an error in applying a rule or rule interpretation.

THE REFEREE'S DECISIONS REGARDING BALLHANDLING FAULTS ARE NOT OPEN TO PROTEST.

- The player must lodge the protest immediately to the referee officiating the match (if applicable).
- The protest is referred to the Referee Supervisor for a decision.
- Any valid protest will be adjudicated by a jury comprised of the Referee Supervisor, Tournament Coordinator, and another Volleyball Alberta representative.

## **Volleyball Alberta Beach Volleyball Code of Conduct**

Volleyball Alberta offers a philosophy of competition that is guided by the highest standards of good sportsmanship and fair play. For this reason, all participants (athletes, parents, spectators, etc.) have a duty to conduct themselves in a reasonable and acceptable manner and avoid all conduct and practices, which are in the opinion of Volleyball Alberta, detrimental to the sport. Any action that would reasonably be expected to significantly disrupt or interfere with the tournament or preparation of an athlete for competition will not be tolerated.

All participants (including but not limited to athletes, coaches, parents, spectators, etc.) have a responsibility to:

- Maintain and enhance the dignity and self-esteem of other individuals by demonstrating respect to individuals regardless of body type, athletic ability, gender, ethnic or racial origin, sexual orientation, age, marital status, religion, political belief, disability or economic status;
- Refrain from any behavior that constitutes harassment, where harassment is defined as comment or conduct directed towards an individual or group, which is offensive, abusive, racist, sexist, degrading or malicious.
- Refrain from any behavior that constitutes sexual harassment, where sexual harassment is defined as unwelcome sexual comments, advances or conduct of a sexual nature;
- Respect the property of others and not willfully cause damage. Any expense related to property damaged willfully caused will be payable by the athlete.
- Abstain from the use of alcohol, tobacco products and performance enhancing drugs. Failure to comply with this section will result in immediate personal disqualification from the VA Beach Tour.
- Participate and appear on time in all competitions, events, or activities to which the athlete has made a commitment;
- Act in a sportsmanlike manner and not display appearances of violence, foul language or gestures to other players, officials, referees, coaches or spectators.

Failing to adhere to Volleyball Alberta's Beach Volleyball Code of Conduct may result in (but not limited to) penalties determined by a standing Disciplinary Committee. Penalties may include (but not limited to) immediate removal from the event, resulting in forfeit of current and remaining games, and further sanctions, including inability to compete in future Volleyball Alberta Beach

Events. All decisions at the time will be at the discretion of the officials and of the on-site Tournament Coordinator.

#### Red Cards

If a player is issued a red card during a Volleyball Alberta tournament, they will be subject to a \$50 fine. This amount must be paid before entering any future Volleyball Alberta event.



## **Appendix I: Beach Volleyball Committee**

2018 Beach Committee Members:

Volleyball Alberta Beach Program Director: Ray Sewell

Volleyball Alberta Technical Director: Jim Plakas

Beach Coordinator: Kaila Blakeman

## Appendix II: Players Meeting Notes

### Players Meeting Notes

1. Sponsors – We would like to recognize and thank our sponsors for their contributions to Volleyball Alberta.
2. Warm-up – Matches will start at the assigned start time. Warm up time will be dependent on the match start times. Please be aware of the court you will be playing on and warm up prior to the start time accordingly (this may require warming up off the court).  
**NOTE:** All sanctions must be paid prior to playing in another Volleyball Alberta Beach Tournament.
3. **Know your Schedule** – It is the players' responsibility to know your team's schedule for both playing and refereeing. Please check your sheets for the pool play schedule and check the posted playoff schedule. It is also the player's responsibility to pay attention to any announcements made during the tournament.
4. Coaching – Is only allowed in 16U and younger.
5. Pool Play Formats – It will vary depending on the number of teams in your pool. The number of points per game and games per match is written on your pool sheet. Please make sure you are paying attention when your divisions are being called out for the specific information.
6. Score Sheets – Once all the games are finished in your pool, this sheet along with the clipboard must be returned to the Tournament Coordinator. Please complete the pool play sheet given to you on the clipboard fully and accurately. One member per team **MUST** initial the sheet upon completion ensuring its accuracy. **If any errors are found after playoffs have begun, no changes will be made to the playoff draws.** The most important information we need is who finished 1st, 2nd, 3rd and 4th. If this sheet is not filled in when it is returned to the control tent, you will be called back to the tent to fill out the pool play sheet, which may delay the start of playoffs.
7. Balls – Each court receives one game ball. This game ball must be brought back to the control tent with the clipboard at the end of pool play. If the ball is not returned, **all teams** in the pool will be held responsible for that ball.
8. Provincials Eligibility – There are no mandatory requirements to compete in the Provincial Championships
9. Nationals Eligibility – In order to be eligible for Nationals, each partner must play in Provincials.

At Nationals, you do not have to play with the same partner you played with at Provincials. Under exceptional circumstances exemptions can be requested from Volleyball Alberta to attend nationals.

10. Garbage – Please pick up your garbage and put it in the garbage bins provided. Make sure the garbage actually goes into the garbage bin and is not left on the sand.
11. Swearing - Please watch your language and set a good example. (See: Volleyball Alberta Beach Code of Conduct)

## Appendix III: Competition Information

<b>Competition Format</b> <i>(May change at discretion of Volleyball Alberta)</i>	<b>A</b> Pool Play Pools of 3-5 Single elimination	<b>AA/AAA</b> Pool Play Pools of 3-5 Double Elimination	<b>Youth</b> Pool Play Single Elimination Playoffs
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<b>Match format for pool play</b> <i>(May change at discretion of Volleyball Alberta)</i>	<b>A</b> Pool play- best 2/3 first 2 games to 21 pts., third game to 15 pts. (no cap)	<b>AA/AAA</b> Pool play- best 2/3 first 2 games to 21 pts., third game to 15 pts. (no cap)	<b>Youth</b> Pool Play- will depend on the venue and number of registered teams in each age class
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<b>Minimum number of matches</b>	<b>A</b> 4 matches	<b>AA/AAA</b> 5 matches	<b>Youth</b> 4 matches
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<b>Registration Fee</b>	<b>A</b> \$100	<b>AA/AAA</b> \$100	<b>Youth</b> \$70 (youth tournaments) \$85 (youth provincials)
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<b>Prize Money</b>	<b>A</b> No	<b>AA/AAA</b> Yes	<b>Youth</b> No
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<b>Official Mikasa Ball</b>	<b>A</b> VLS 300	<b>AA/AAA</b> VLS 300	<b>Youth</b> VLS 300
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<b>Court Dimensions</b>	<b>A</b> 16mx8m	<b>AA/AAA</b> 16mx8m	<b>Youth</b> 16mx8m
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<b>Net Heights (meters)</b>	<b>A</b> M-2.43 W-2.24	<b>AA/AAA</b> M-2.43 W-2.24	<b>Youth</b> 14U Boys:2.20m 14U Girls:2.15m 15U Boys: 2.35m 15U Girls: 2.20m 16U Boys: 2.35m 16U Girls: 2.20m 18U Boys:2.43m 18U Girls:2.24m
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## Adult Divisions

	AAA	AA	
1	400	270	
2	360	260	
3	330	230	
4	315	215	
5	290	190	
6	280	170	
7	250	150	
8	240	140	
9	210	110	
10	209	109	
11	208	108	
12	207	107	
13	206	106	
14	205	105	
15	204	104	
16	203	103	

## Youth Division

<b>Finish</b>	<b>Points</b>
<b>1</b>	<b>400</b>
<b>2</b>	<b>390</b>
<b>3</b>	<b>380</b>
<b>4</b>	<b>370</b>
<b>5</b>	<b>350</b>
<b>6</b>	<b>340</b>
<b>7</b>	<b>330</b>
<b>8</b>	<b>320</b>
<b>9</b>	<b>310</b>
<b>10</b>	<b>300</b>
<b>11</b>	<b>290</b>
<b>12</b>	<b>280</b>
<b>13</b>	<b>270</b>
<b>14</b>	<b>260</b>
<b>15</b>	<b>250</b>
<b>16</b>	<b>240</b>
<b>17</b>	<b>230</b>
<b>18</b>	<b>220</b>
<b>19</b>	<b>210</b>
<b>20</b>	<b>200</b>
<b>21</b>	<b>195</b>
<b>22</b>	<b>190</b>
<b>23</b>	<b>185</b>
<b>24</b>	<b>180</b>
<b>25</b>	<b>175</b>

<b>26</b>	<b>170</b>
<b>27</b>	<b>165</b>
<b>28</b>	<b>160</b>
<b>29</b>	<b>155</b>
<b>30</b>	<b>150</b>
<b>31</b>	<b>145</b>
<b>32</b>	<b>140</b>

## Appendix V: Wildcard Application Form

### Wildcard Application Form

**Names:**

Athlete 1:

Athlete 2:

**Contact Info – Athlete 1:**

Phone:

Email:

Applicants will be emailed prior to event.

**Date of tournament for which you are applying:**

**Recent competition results:** (e.g. Provincial, National, International)

**Reason for application:**      Quality Enhancement      Youth Development

**Please elaborate on your reason for application:**

**Applications must be emailed to the Volleyball Alberta office before each tournament deadline.**

**Email: [beach@volleyballalberta.ca](mailto:beach@volleyballalberta.ca)**

**NOTE:** Incomplete applications will not be considered. It is the applicant's responsibility to ensure that the office has received it.

Confirmation e-mail will be sent out once received.

Payment of Tournament Registration Fees will be charged upon acceptance of a Wildcard Application.