



Beach Volleyball Coaching Guide

Reasoning:

Beach Volleyball is as much a mental game as it is a physical game. Figuring out how to adapt your game to your opponent's tactics is very important. That is part of a player's job on and off court, so by not involving coaches during play, the mental part of the game becomes just as important as the physical. Cohesion and communication between partners is of utmost importance in a match, therefore by removing coaches during play the relationship between players is what begins to excel.

Permitted/Not permitted:

Coaches/Parents are permitted to cheer by using words of encouragement during play, but not cheering in a manner that can give the players an advantage over their opponents.

Please refrain from calling balls in or out, calling faults on players, interfering with the scorekeeper's duties, calling for side switches etc;

If ever unsure about what can and cannot be said, please contact one of the officials or Volleyball Alberta staff.

Enforcement:

Coaches will be given a verbal warning the first instance they are caught coaching when not permitted. If a coach is caught a 2nd time they will be asked to leave court side for the duration of the match. Upon a 3rd infraction over the course of one event coaches will be asked to leave the venue for the duration of the event.

***** Parents not identified as the official team coach, must also abide by the above rules. If multiple infractions occur, parents may also be requested to leave the playing area. *****