



## Leduc Recreation Centre User Group Track Guidelines

Due to the increased volume of activities and team warm-up requirements, the Leduc Recreation Centre will be implementing a new process for sport team and user group warm-ups on the AWG Track. For the safety and enjoyment of our users, members and program participants, the following process for teams will be in place:

### Team Track Use Guidelines

- All sports teams and user groups are required to sign up for a timeslots to use the track
  - Teams can sign-up/reserve a time on the track the same day it is requested, no earlier
  - Coaches are required to sign-up with the teams name & the coaches' full name. Incomplete sign-up will not be accepted or hold a time slot
- Prior to accessing the track, the coach or supervisor will receive a lanyard to identify team approval for track use
  - Lanyards will be distributed from the Fitness Centre Desk
  - The lanyard must be visible at all times while using the track
  - The lanyard must return at the conclusion of use to the Fitness Centre Desk
- The coach must be actively supervising their team on the track
- The maximum of 2 teams on the track at one time, subject to change without notice, based on facility & programming needs
- Track use for teams cannot exceed 15 minutes per team/group
- If a desired timeslots is not available for a team they will not be able to access the track until the next open time
- All regular track use guidelines must be followed (see posted guidelines at the track)



The Leduc Recreation Centre restricts groups and teams from warming-up in common areas such as corridors or viewing areas, this is for the safety of others using our facilities. We understand the importance of athlete warm-up prior to engaging in a physical activity and provide an opportunity for teams. Please remember the AWG Track option is a privilege to our users and their guests, such as visiting teams. If a group or team does not respect the guidelines, they will jeopardized future track use for their team and organization.

If your group does require more time for warm-up or cool down, please contact Events and Bookings at 780-980-7118 to look into availability of court space or rooms to better accommodate your needs.

Regards,

Leduc Recreation Centre Management