



Volleyball Alberta Player Officiating Guide

- It is **your** responsibility to know your officiating duties
- Officiate the match in the same manner in which you would like to be officiated
- Sanctions/Fines can be given out for **missing** any part of your officiating duties
- Teams should check at the control tent if they are unsure of their officiating responsibilities
- Coaching is only permitted for 16U and younger divisions (The coach must make themselves known prior to the start of the warm-up to the officiating team)

Responsibilities of Player Referees

- Make sure the correct teams are present on the court and ready to play, and make sure that the match **starts on-time**
- Referee the match, while keeping score
- Note that at least one member of the officiating team **MUST BE STANDING**
- If you are unsure of any rules, ask a referee or court supervisor for clarification – **if none are available re-serve the point**
- Be **consistent** and **impartial** regardless of who is playing

Side Switches and Timeouts:

- In games to 21, teams will switch every 7 points (cumulative)
- In games to 15, teams will switch every 5 points (cumulative)
- Each team is allowed one timeout of 30 seconds per team, per set (including third sets to 15)

Net Rules:

- Touching any part of the net is a fault
- A player may travel under the net onto the other side of the court if they do not interfere with the opponent's play
- The ball must pass in between the two antennas on the net to remain in play

Ball Handling:

- Open hand tips are **not allowed**
- Hard driven balls **may be received overhand**, and the ball may be caught **momentarily**
- **Blocks count** as one of a team's three touches. A blocker that has blocked the ball may contact the ball again, however this counts as two of the team's three touches
- **Volleyball Alberta Youth rule:** Setting off of the service, or a free ball is considered a fault, regardless of quality of contact. Play will be stopped and a double contact will be called.

Hand Setting:

- 18U and older: The ball **must not** be double contacted or caught on a first contact, unless it is hard driven. (Serves are never hard driven)
- 16U and under: A player may have a double contact on their second contact when completing a set to their teammate using an overhand pass provided the ball has a trajectory perpendicular to the line of the



player's hands, shoulders, and hips (i.e. the player is being "square") and the double contact only involves the hands

- When the ball is being set over the net to the other side of the court, the player's shoulders **must be in line with the direction of the set**
- **Volleyball Alberta Youth rule:** Setting off of the service, or a free ball is considered a fault, regardless of quality of contact. Play will be stopped and a double contact will be called.

16U & Jr. High Provincials Sideout Rule

- For 16U and younger competitions. After a team loses service, the last player to serve for that team, at the moment of service by the opposing team, must be positioned closer to the right sideline than their teammate. This requirement must be followed until that team regains the right to serve. During the rally each athlete has the right to position him/herself anywhere on the court