

Getting Ready for the 2019 Club Volleyball Season

January 24, 2019

As we transition from the school volleyball season into club volleyball, it is important to review the differences in rules and procedures between the two.

There are also rule and procedure changes from the last club volleyball season to this season. Volleyball Alberta closely follows the Volleyball Canada rules, with a few changes. It is important to know about these changes before officiating a Volleyball Alberta Premier tournament.

Everything you need to know about the rules and procedures can be found in the [Volleyball Alberta 2019 Season Planner](#). Volleyball Alberta also publishes a [New for 2019](#) document that highlights the differences. Much of this is only applicable to coaches and clubs. However, they are still worth reviewing.

Here are some of the more notable changes for this season that all officials should be aware of:

Coaches/Team Staff need to be a minimum of 11 years of age.

- The official warm up will be 2-4-4:
 - 2 minutes of shared court time when the court is available to both teams.
 - Serving Team - 4 minutes official warm up at the net (including serving).
 - Receiving Team - 4 minutes official warm up at the net (including serving).
- Warm up concussion protocol:
 - If during the official warm up a team is hitting in one direction and athletes/team members are moving through the high impact areas of the court, the referee will make note of it on the scoresheet.
 - Please note that we do not intervene in their warm up in any way.
- 14U Boys - The net height has been moved to 2.24m.
 - Please note: the net height at Volleyball Canada Nationals will remain at 2.20m.

Tags: Club 2019