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| <p style="text-align: center;"><b>CANADA WEST VOLLEYBALL OFFICIALS' INFORMATION<br/>2019-2020</b></p> |
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Please take note of the following Canada West/ U SPORTS Playing Regulations that require special attention.

**OFFICIALS:**

- **Warm Up times and advertised match starts must be adhered to. Please adhere to the (W) match protocol (countdown) positioned on the score table.**
- **Ball retrievers to be instructed to participate in warm-ups and to pay special attention to safety concerns of athletes ie not rolling balls under the net**
- **Ensure that a centreline is present**
- **The taped 3x3 warm up areas to be used where it is possible and allowable by the host**
- **For the 2<sup>nd</sup> match of the day, teams will take the court once it is clear to begin their warm up, however the clock will not start for the official 20 minute warm up until the net has been adjusted to the appropriate height. Please make sure the clock does not start until net is adjusted.**
- **The playing facility for Canada West volleyball matches shall be set up and available for practice normally one hour prior to the designated starting time of the first match (practice balls must be available). From 60-minutes to 45-minutes to the start of the first match, both teams are able to share the entire court. If coaches and the host agree, this can be extended for 10 minutes. For safety reasons servers are not allowed to enter the serve-receive court of opponent when jump serving.**
- **No substitution paddles for men/women**
- **Coaches can protest on site, during a game, but the CW procedures per Policy 10 need to be followed for the regular season.**
- **Expulsions or disqualifications – send email to [rocky.olfert@canadawest.org](mailto:rocky.olfert@canadawest.org) following the game.**

### **MEN and WOMEN**

- ❑ Libero may be changed for each set as per U SPORTS regulation
- ❑ NO WARM-UP shall take place in the same gym while a match is in progress
- ❑ TEAM COMPOSITION: Regular season: home team's roster 14 players, visitor's roster 12 players. Playoff rosters: both home and visitors may dress 14
- ❑ Playoff rosters are frozen per series.
- ❑ Home team permitted 8 in warm-up area. Visitors permitted 6.
- ❑ BALL warm-up is permitted during set intervals and time-outs in the free zone
- ❑ TIME-OUTS In sets 1-4 there is 1 (60sec) technical time-out at 16 and 2 (30 sec) discretionary time-outs/team/set. In set 5 there are only 2 (30sec) discretionary time-outs / team.
- ❑ BETWEEN SETS 3-minute breaks will occur with the exception of the one promotional break (if used).
- ❑ PROMOTIONAL BREAK of 5 minutes max between sets 2 and 3. The visiting coach and head official must be informed prior to the match.
- ❑ HEAD COACHES may sit anywhere on the bench but time-outs must be called from the end of the bench nearest the scorer.
- ❑ Assistant Coaches will be allowed to move freely on the bench, including the warmup zone. Only one assistant coach may stand at a time, with the caveat that the standing assistant coach return to the bench in a timely manner, and not remain in the free zone.
- ❑ UNIFORM NUMBERS #1-20. Uniform #'s size min 15cm front / 20cm back. Notation on score sheet if undersized
- ❑ TIME-OUTS: Players can return to the court early and play resumed as soon as both teams are back on the court.
- ❑ SETTERS: In the event that the setter, in the act of moving away from the net to play the second contact, crosses the centre line, no fault is called provided there is no interference on the play.
- ❑ WARM-UP- Only athletes listed on the score sheet may participate in the warm-ups
- ❑ FIVB two libero rule (designation of libero(s) can be changed each set) for regular season and playoffs
- ❑ For the second match of a double-header, teams will have a 20-minute warm-up, but the clock will only start once the net height has been adjusted by the event staff and checked by the officials.
- ❑ Assistant Coaches will be allowed to stand and move freely in the free zone, including the warmup zone, they will be allowed to communicate with athletes on the bench and on the court while standing, as long as they return to a seated position in a timely manner. If communicating with the referees while moving they will be sanctioned to the discretion of the referee corps.

**WOMEN**

- ❑ WARM-UP for the match will be 20 minutes, including 5-5 which will start at the 10 minute mark.
- ❑ COIN TOSS to occur at the 15 mark of the warm-up
- ❑ FREE ZONES to be kept clear during the hitting portion of the warm-up (if possible)
- ❑ BENCH COMPOSITION- Home Team MAX 24 (14 athletes+10 support staff) Visitors MAX 22 (12 athletes + 10 support staff) Athletes who do not appear on the scoresheet may not be dressed in playing uniforms.
- ❑ 8-limited subs will be allowed (2018-19)
- ❑ No coaches restriction line

**MEN**

- ❑ WARM-UP for the match will be 20 minutes, including 5-5, which will start at the 10 minute mark (same procedure of the women)
- ❑ BETWEEN SETS 4 and 5, on court hitting at the net is permitted with teams hitting toward the side that they will be occupying at the start of set 5.
- ❑ TOWELS: in the event of perspiration on the floor and if floor wipers are not made available a) inside the 3 metre line a towel from the umpire which is from the score table shall be used. b) outside the 3 m. line a towel carried by a player on the court shall be used. c) outside the 3 m. line the use of the scoretable towel, for large wet spots, will be at the discretion of the umpire with regard to safety.
- ❑ CAPTAIN'S STRIPE: It is not mandatory to have the captain's stripe on the uniform. Nor is it necessary for the number on the front to be in a centre location.
- ❑ LIBERO: may be captain.
- ❑ BENCH COMPOSITION- Home Team MAX 24 (14 athletes + 10 support) Visitors MAX 22(12 athletes + 10 support) All team members who do not appear on the score sheet but are present on the team bench must appear in matching team tops, excluding playing uniforms.