## 2005 Alberta Volleyball Hall of Fame Awards

Category: Coach

Inductee: Cor Ouwerkerk

"C.O." had an illustrious coaching career that ran over four decades (1968 to 2000) making him a volleyball icon in Alberta. A coach, administrator and builder, Cor has been involved in coaching and developing volleyball from the grass roots right up to the post-secondary level. He started coaching the SAIT Trojan men before moving to Red Deer where he led the Kings for four seasons. Cor also coached the men and women teams for a season, and then took over the Queens full-time. What set C.O. apart is the outstanding program he developed coaching the Red Deer College (RDC) Queens for twenty-five seasons.

The Queens dominated the Alberta Colleges Athletic Conference (ACAC) under Cor's leadership, particularly in the 1980's when they won 8 straight ACAC Championships from 1982-1989. In total he won 14 gold medals in the ACAC and never missed the playoffs. During his thirty-one year coaching career, C.O. never had a losing season, winning over 500 matches against college competition and a winning percentage of 90% with the Queens. Cor was named ACAC Coach of the Year seven times while leading his team to numerous trips to the Canadian Colleges Athletic Association (CCAA) National Championships. C.O. made 15 visits to the CCAA's winning gold, eight silver and three bronze medals in addition to being named the CCAA Coach of the Year in 1985.

Cor obtained his master's degree from the University of Washington and has taught kinesiology, activity, coaching and other physical education related courses. C.O. is a NCCP Level 4 coach and has mentored several coaches throughout the years. He continues to be involved with the Coaching Association of Canada as a Theory Course Conductor and has also instructed several Technical courses for Alberta Volleyball.

Outside of coaching, C.O. spent time as RDC athletic director, ACAC secretary and president, and coaching development chair and President of Alberta Volleyball. He was one of the founders of the Queens Volleyball Club, which is one of the strongest clubs in Alberta today. In 1985, Cor initiated a volleyball exchange between RDC and Hokkaido Women's College of Ebestu in Japan. This is an ongoing program and has expanded to include academic and cultural exchanges.

Cor retired in 2000, but coached a senior women's team to two Alberta Championships before officially calling it quits. In the summer months you should be able to find him playing golf on the local courses in Red Deer.