



The following items represent changes to the Rules of the Game for the 2023 – 2024 season of play. Each item will be represented in the following fashion:

- Prior year rule terminology
- Updated rule terminology (changes are notated in red)
- Type of Modification and or Rationale

Rule 4.3 Equipment (2022)

A player's equipment consists of a jersey and shorts

Rule 4.3 Equipment (2023)

A player's equipment consists of a jersey and shorts / leggings

Type of Modification: Clarification

To clearly identify the permissible inclusion of leggings as an alternative to shorts in modern volleyball

Impacted Rules: 4.3.1

Rule 4.3.1 (2022)

The colour and the design for the jerseys and shorts must be uniform for the team (except for the Libero). The length, style, design or fit of the shorts are irrelevant and of no consequence. The uniforms must be clean.

Rule 4.3.1 (2023)

The colour and the design for the jerseys and shorts / leggings must be uniform for the team (except for the Libero). The length, ~~style, design~~ or fit of the shorts / leggings are irrelevant and of no consequence. The uniforms must be clean.

Type of Modification: Impact by the modification of rule 4.3

Rule 4.5.1 (2022)

It is forbidden to wear objects which may cause injury or give an artificial advantage to the player.

For Volleyball Canada competitions:

The referee shall not permit the following:

1. Finger, hand, wrist, elbow, or forearm guards, casts, or braces, made of hard plastic, metal, wood, or any other hard substance even if they are padded. Items made from soft material, that are padded, not intrusive and not a danger to others, may be permitted.
2. Equipment that could cut or cause abrasions

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3. Headwear is not permitted except those worn for religious and/or cultural beliefs. Headbands can be worn, at a maximum 5cm in width, made of non-abrasive, single colour cloth, pliable plastic, or rubber
4. Jewelry must be either removed or taped

The referee shall permit the following:

1. Shoulder, upper arm, thigh, or lower leg protective equipment if the material is padded so as not to create a danger for other players
2. Knee braces if made by a reputable manufacturer and not dangerous to other players
3. Protector for a broken nose even if made from a hard material
4. Thermoplastic finger splints are permitted so long as they are free of sharp edges, do not protrude beyond the fingertips, and are secured to the digit or hand with the tape or other wrapping
5. Prosthetics so long as the prosthetic is covered/padded and does not pose any danger to himself / herself or other players

Rule 4.5.1 (2023)

It is forbidden to wear objects which may cause injury or give an artificial advantage to the player.

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2. Equipment that could cut or cause abrasions
3. Headwear (E.g.: hats, bandannas, etc.) is not permitted except those worn for **medical**, religious and/or cultural beliefs. Headbands can be worn, at a maximum 5cm in width, made of non-abrasive, ~~single colour~~ cloth, pliable plastic, or rubber
4. ~~Jewelry must be either removed or taped~~



The referee shall permit the following:

1. Shoulder, upper arm, thigh, or lower leg protective equipment if the material is padded so as not to create a danger for other players
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Type of Modification: Modification and Clarification

To further clarify what headwear is not permissible and the exceptions thereof

To permit individual participants to express their personal brand within the domestic playing environment

Rule 7.2.3 (2022)

Volleyball Canada: All players should wear playing uniforms for the complete protocol and warm-up

Rule 7.2.3 (2023)

Volleyball Canada: All players **must** wear playing uniforms for the complete protocol and warm-up

Type of Modification: Rule Update

Allows the referee to accurately complete responsibilities prior to the start of the match

Completes the one-year educational grace period of implementation

Rule 9.1.2.3 (2022)

If simultaneous hits by two opponents over the net lead to an extended contact with the ball, play continues.

Rule 9.1.2.3 (2022)

If simultaneous hits by two opponents over the net lead to an extended contact with the ball, **even if the contact is completed above the opponent court**, play continues.

Type of Modification: Rule Clarification

Rule 11.1.2 (2022)

After an attack hit, a player is permitted to pass his/her beyond the net, provided that the contact has been made within his/her own playing space.

Rule 11.1.2 (2023)

During an attack hit, a player is permitted to pass his/her beyond the net, provided that the **initial** contact has been made within his/her own playing space, **and the ball is not caught or thrown**.

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Type of Modification: Rule Clarification

Diagrams (2023)

Update of all diagrams to ensure correlating rule numbers are accurately reflected based on the domestic text and that modern imagery is captured

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