## EXTENDED ROSTER FORM

Teams in the $12 \mathrm{U}-15 \mathrm{U}$ age classes, that have more than twelve athletes at a Volleyball Alberta tournament, must fill out this form.

Use the space below to outline how you are going to manage your extended roster for the duration of the tournament. Teams must demonstrate how they are going to follow the Developmental Substitution Rule with an extended roster.

Submit this form to jplakas@volleyballalberta.ca. This form will need to be approved by Volleyball Alberta prior to the team's participation in the tournament.
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