

New For 2024

All Age Classes:

- [2024 Tournament Schedule](#)
- [Person In Authority Checks \(PIA\)](#)
- [Head Coach Requirements](#)
- [Sanctions/Fines/Late Fees](#)
- [2023 – 2024 Official Game Balls](#)
- [Age Class Categories – Volleyball Alberta](#)
- [Age Class Categories – Volleyball Canada](#)
- [2024 Uniform Guidelines](#)
- [2024 Uniform Approval Request Form](#)
- [12U – 18U Age Class Competition Regulations](#)
- [2023 – 24 Volleyball Canada Rule Change Summary](#)
- Protest Policy Update: If the protest is not valid or upheld, the \$100.00 bond will be forfeited in whole, and the match will resume.
- Clubs with multiple teams in an age class can move athletes between teams for Premier 1 and Premier 2. However, lateral movement of athletes between teams cannot occur for Premier 3, Provincials, or VC Nationals.
- Uniforms must be worn for the official warm-up. This allows the referee to accurately complete responsibilities prior to the start of the match and facilitates timely roster verification by referees.
- Teams will resume switching sides between sets.

12U Age Class

- All matches are best 2 of 3: a third set will only be played to break a 1 – 1 tie in sets.
- A minimum of six (6) registered teams will be required to run separate Regional Premier Tournaments

13U Age Class

- All matches are best 2 of 3: a third set will only be played to break a 1 – 1 tie in sets.
- A minimum of six (6) registered teams will be required to run separate Regional Premier Tournaments.

14U Age Class

14U Girls:

- Premier #3 will have two Province-wide Divisions of 16 teams each, the remaining teams will continue in their respective North or South event.
 - If there are 23 teams or less in a specific North or South event (not including the Province - Wide Divisions): all teams will compete in Division 3 of that Regional Event.
 - If there are 24-39 teams in a specific North or South event (not including the Province-Wide Divisions): Division 3 will be comprised of the top 16 teams of that Regional Event, with Division 4 containing the remainder. Divisional structure will continue in this manner as the total team numbers increase.
 - An example of movement for girls from Premier 2 to Premier 3 can be found [here](#).
 - Following 14U Girls Premier #3, the three highest finishers in Division 2 will move up to Division 1, replacing the bottom three Division 1 finishers for Provincials. The two highest finishers from Division 3 North and Division 3 South will move up to Division 2, replacing the bottom four teams from Division 2 for Provincials. The top three highest finishers in Division 4 North and South will switch seeds with the bottom three Division 3 North and South finishers for Provincials.

15U/16U Age Class

- For 15U – 18U events, a maximum of 15 players can be on the score sheet, in uniform, participate in the warm – up, sit on the bench, and participate in any given match.
 - 15U teams must still align with the Volleyball Alberta developmental substitution rule.

17U/18U Age Class

- For 15U – 18U events, a maximum of 15 players can be on the score sheet, in uniform, participate in the warm – up, sit on the bench, and participate in any given match.
- Due to the size of these age classes, 17U Girls will play separately from the 18U girls for the entire season.
 - For all divisions, following Premier #2, the three highest finishers in each division will move up a division and the bottom three finishers will move down a division for Premier #3. Premier #2 results will be used to seed teams for Premier #3.
 - For all divisions, following Premier #3, the three highest finishers in each division will move up a division and the bottom three finishers will move down a division for Provincials. Premier #3 results will be used to seed teams for the Provincials.
- 17U Girls will not play a regional Premier 1.