

New For 2026

All Age Classes

- [2026 Tournament Schedule](#)
- [2026 Late Fees & Fines](#)
- [2025-26 Official Game Balls](#)
- [2026 Age Categories](#)
- [2026 Season Planner & Competition Regulations](#)
 - Roster Lock Updates
 - The roster lock deadline will be Thursday at 9:00AM, 9 days prior to each tournament.
 - Changes made to official Volleyball Alberta rosters after the roster lock deadlines will only be considered under exceptional circumstances. All changes requested before **11:59pm the Thursday** prior to the tournament are subject to a \$25 fee and must be submitted via the [Late Roster Addition Form](#). After **11:59pm the Thursday** prior to the tournament OR after the season roster lock, the fee increases to \$50 and requests must be submitted via email to the Age Class Manager.
 - Video Cameras - Updated
- [2026 Volleyball Alberta Coaching Requirements](#)
- [Safe Sport & Reporting Complaints](#)

New from Volleyball Canada

*Links will be updated as soon as available

- [2026 Uniform Guidelines & Uniform Approval Request Form](#)
- [2025-26 Volleyball Canada Rulebook](#)
- [2025-26 Volleyball Canada Rule Change Summary](#)
- [2026 Volleyball Canada Nationals Coach Requirements](#)
 - All Coaches listed on any Nationals roster must now complete Making Head Way in Sport, Foundations of Volleyball, and Making Ethical Decisions Evaluation to be eligible to participate.

12U Age Class

- Receiving the serve with an overhand motion using the fingers (volley/setting) IS PERMITTED.
- If time does not permit the integration of a skills challenge, prizing will be distributed to each coach to give to one athlete from their respective teams for the following:
 - Premier #1 = Best Teammate
 - Premier #2 = Most Improved

Please have parents, coach or athlete fill out [12U Athlete Prize Form](#) and upload a photo by **noon, Monday following each Premier** to be included in social media posts for the tournament. Each athlete who receives an award will be included in a prize package draw at the end of the season.

13U Age Class

- Receiving the serve with an overhand motion using the fingers (volley/setting) IS PERMITTED.

14U Age Class

- Receiving the serve with an overhand motion using the fingers (volley/setting) IS PERMITTED.

14U Girls

- Division sizes of 24 will be used throughout all Premiers/Provincials and divisions.
- In Premier #3 Divisions 1 and 2 will be Province-wide divisions of 24. The Province-wide Divisions will play a [Black/Blue playoff](#).
 - Division 1 will be comprised of the top 12 finishers from each regional event.
 - Division 2 will be comprised of the 13th-24th place finishers from each regional event.
 - Division 3+ will be comprised of the remaining teams and will continue in their respective North or South Regional events with divisions of 24 teams.
- For Provincials, the top 24 teams will play in Division 1. Division 2 will be comprised of the next 24 teams. The North & South regional events will combine for Provincials into divisions of 24 teams.

14U Boys

- 14U Boys will play a North/South Premier #1. A [Serpentine Draw format](#) will be used for all Divisions at Premier #1, Premier #2, Premier #3 and Provincials.

15U/16U Age Class

Libero Pilot

- Volleyball Alberta and Volleyball Canada are coordinating a pilot to assess the impact of the Libero position at the 15U age group. The goal of the pilot is to determine if an earlier introduction of the position enhances athlete development, supports broader alignment with long-term athlete development, and improves quality of play. Findings will inform a future decision on whether to expand Libero use provincially and nationally in this age group.
 - The 15U age-class will have the option to use a Libero (NOT MANDATORY) for Premier #1 and Premier #2. Premier #3 and Provincials WILL NOT utilize a Libero to align with the format used at Nationals.
 - Statistical data will be requested from teams using Balltime to support the project evaluation. Surveys from athletes, coaches, parents, and game statistics between both phases (with Libero and without), will be reviewed to compare and assess the pilot. A future recommendation will be communicated by the summer of 2026.
- For **Premier #1 and Premier #2**, the use of only 1 libero is permitted, and 6 limited substitutions will be used (boys & girls).
- For **Premier #3 and Provincials** – **no libero** will be permitted, and 12 limited substitutions will be used.
- Developmental Substitution rules will apply for Premier #1, #2, #3 and Provincials.

15U/16U Girls

- Divisions of 24 will be used throughout all Premiers/Provincials and divisions.

17U/18U Age Class

17U/18U Boys

- The 17U and 18U age categories will be combined for Premier #1 and #2. The 17U and 18U age categories will compete separately for Premier #3 and Provincials.