



Volleyball Alberta Weather Protocols

Volleyball Alberta will only cancel events prior to an event starting in EXTREME forecasted weather conditions that pose safety concerns for participants. Extreme weather may include lightning, poor air quality, heavy rain, hail, and similar conditions. Alberta weather is known to change quickly and unpredictably, and every effort will be made to proceed with outdoor events as planned.

All participants should arrive as scheduled with the intention of playing until otherwise notified. Volleyball Alberta staff will communicate as early as possible with participants regarding program delays, cancellations, or rescheduled events.

Volleyball Alberta Staff will monitor weather throughout programs and make final decisions to ensure the safety of all participants. The apps WeatherCAN and My Lightning Tracker will be used to determine weather conditions.

Participants who withdraw before Volleyball Alberta officially cancels an event will not receive a refund and may be subject to a late withdrawal fee.

Lightning Protocol (Volleyball Alberta will use My Lightning Tracker)

- The tournament will continue until a strike is within 15km of our venue.
- All participants, staff, spectators, officials, coaches, and volunteers must immediately evacuate the beach courts and go to cars or indoor facilities. DO NOT SEEK SHELTER UNDER TREES.
- The 15km radius must be lightning free for 30 minutes (as per the My Lightning Tracker app) before play resumes.
- Following the 30 minutes, the resuming play procedures will be put into place (see Beach Handbook or League Rules and Regulations)



Extreme Heat Protocol

- An extreme heat protocol may be activated based on the current weather conditions. In the event the humidex reaches or exceeds 35 degrees and Environment Canada indicates a humidex warning, teams will be permitted the following:
 - o Drink water while walking between side switches (without causing delays to the match)
 - o One extra timeout per set per team
 - o Should a team play back-to-back matches an additional 5 minutes of time will be added between those matches
- **At 40 degrees, Volleyball Alberta staff will monitor weather throughout programs and may implement additional breaks and make a final decision to ensure the safety of all participants.**

Air Quality Protocol (Volleyball Alberta will use the WeatherCAN app)

Youth Practices/Leagues/Games

- If the AQHI reaches an 8 or higher, the program will be delayed, cancelled, or rescheduled.
- If the AQHI reaches a 7, Volleyball Alberta will implement breaks throughout the program and shorten the length of the program by 15 minutes.
- If the AQHI is 4-6, adjustments can be made to reduce intensity such as:
 - o Additional rest periods.
 - o Shorten the length of the program.



- Matches played as one set to 15, 21 or 28 points.

Youth Tournaments

- If the AQHI reaches a 7, the program will be delayed or cancelled.
- If the AQHI is 4-6, adjustments can be made to reduce intensity such as:
 - Additional rest periods.
 - Shorten the length of the program.
 - Matches played as one set to 15, 21 or 28 points.

Adult Practices/Leagues/Games/Tournaments

- If the AQHI reaches an 8 or higher the program will be delayed, cancelled, or rescheduled.
- If the AQHI reaches a 7, Volleyball Alberta will implement breaks and will reduce total amount of sets in a match or total points in a set. For teams playing back the back games, a 10-minute break between games will be added.
- If the AQHI is 4-6, adjustments can be made to reduce intensity such as:
 - Additional rest periods.
 - Shorten the length of the program.
 - Matches played as one set to 15, 21 or 28 points