



READY TO PLAY?

Whether your child is trying volleyball for the first time or preparing for club volleyball, we're here to help every step of the way.



RECREATION



CLUB

Beginner-friendly	Competitive
Learn the basics	Advanced skill development
1-2 sessions/week	2-3+ practices/week
Focus on fun and learning	Team practices & tournaments
Great first step	Next step for committed athletes



VOLLEYBALLALBERTA.CA



780-415-1703



HOW TO REGISTER

RECREATION:

- 1 Purchase a Youth Recreational Player membership in Sportlomo.
- 2 Register for your program through Volleyball Alberta Events.

CLUB:

- 1 Purchase a Youth Development Player (Tryout) membership.
- 2 Attend tryouts.
- 3 If selected, upgrade to a Youth Competitive Player membership through your club.

FINANCIAL ASSISTANCE

Individual funding may be available to help cover program costs.



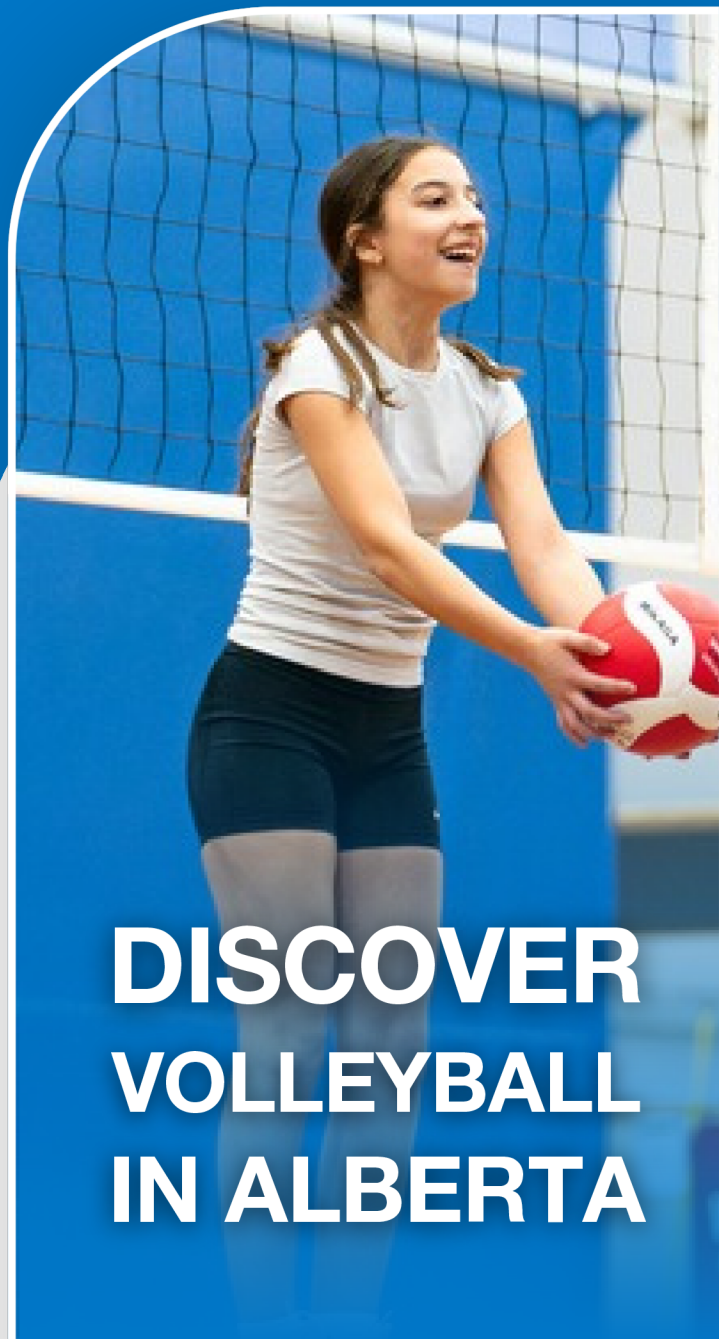
KidSport Alberta

Helps eligible families cover sport registration fees.



Canadian Tire Jumpstart

Supports children and youth in accessing sport and recreation.



DISCOVER VOLLEYBALL IN ALBERTA

RECREATIONAL VOLLEYBALL

New to volleyball? Recreation programs are a fun way to learn the game, build confidence, and develop new skills.

WHAT IT IS

- Beginner-friendly and focused on learning basic skills, teamwork, and game play.
- Offered at recreation centres, schools, and community partners across Alberta.
- A great first step before trying club volleyball.

WHAT TO EXPECT

- Skill development, movement, and fun.
- 1-2 sessions per week for approximately 8 weeks.
- Approximately \$160 per program (varies by location).

NEXT STEPS:

- Choose a program based on the athlete's age and experience.
- Complete registration and purchase a membership.
- Bring your gear and get ready to play.
- As skills develop, consider joining a club program.

CLUB VOLLEYBALL

New to club volleyball? Here's a quick guide.



WHAT IT IS

- Played in the winter and spring, club volleyball offers more training, competition, and tournament experience.
- Teams are grouped by age, from 12U to 18U.
- Players join a club through the annual signing and tryout process.

WHAT TO EXPECT

- 2-3 practices each week.
- Weekend tournaments.
- Winter and Spring season.
- Travel may be required.



CHECK OUT OUR
'FIND A CLUB' WEBPAGE

NEXT STEPS:

- Confirm athlete age category on our website.
- Find a local club using 'Find a Club' on our website.
- Watch for signing and tryout dates.
- Compare different club options.
- Register with your club and Volleyball Alberta.

volleyball alberta

RECREATIONAL PROGRAMS

EARLY STAGES | AGES 6-8

An introduction to volleyball through movement, coordination and basic skill development.

DEVELOPMENT PROGRAMS | 9-12

Build passing, serving, movement and teamwork while having fun.

YOUTH REC | AGES 13+

Continue developing volleyball skills in a fun, recreation-focused environment.



WHY GO SPORTS?

- Age-appropriate programming.
- Fun and inclusive.
- Recreation-focused.
- Great pathway into volleyball.